Parental Control o Apps



on use of computing devices





Parental control

Apps

These are software or applications that act as a virtual nanny, stopping children from doing anything too dangerous or upsetting, and reporting back to you what your child has done online over the day. What should I be looking out for in the app?



01 Content Filtering



Blocking access to websites that fall under the categories of dangerous, hurtful, and inappropriate for your child.







Time Limiting

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Specifying how much time your child is allowed to spend on their device during the day, or which hours of the day they are allowed to go online.



03 App Blocking

App blocking stops inappropriate content through the downloading of apps by your child. Some parental control apps might give you the option of having to approve an app before your child is able to install it on their phone.

04 Location Tracking



Knowing where your child is, and making sure that they are where they should be, can provide great peace of mind. Many apps also have an emergency or SOS feature built in. If your child is ever lost or in a difficult situation, they can click a button to automatically send you a message with their location.







05

Remote Locking

Remote locking refers to the ability to lock your child's phone even when you are not physically next to them.



06 Social Media/Text Monitoring

Social media monitoring is becoming increasingly necessary as children start using social media at younger ages. Given that children uses social media to connect with their friends, do school work, or for entertainment, it is important to be able to keep an eye on this aspect of their lives.

What are some Parental Control Apps?







Qustodio Parental Control



JuniorProtect

Symantec Norton Family Premier

All are supported by 🖊 🔂 👘



Cyber Guardian

Symantec Norton Family Premier

- Including content supervision, time limits, supervision of web, social media, texts and calls, and location tracking
- Protects children from giving out their personal information online, like their phone number or school



Kaspersky Safe Kids

- A great reputation for being a leader in parental control software
- Content filtering, time limits, location tracking, app blocking, social media monitoring, call and text monitoring, and remote locking
- Real-time alerts if they try to access inappropriate content



Qustodio Parental Control

- One of the most popular and wellregarded parental controls in the world
- Content filtering, app blocking, location tracking, social media monitoring, call and text monitoring, and time limits
- Dashboard view with a personalized summary of your child's device



JuniorProtect

- Manage data usage and screen time.
- Make digital playgrounds safe
- Personalize protection for the family
- Keep children safe even when they're not in your sight.



* This app is an add-on value service for StarHub customers

Cyber Guardian

- Block undesirable content with the convenient pre-sets or customizable filters
- Set a time limit to the surfing hours
- Access activity reports and manage online activities from the office and on the go
- Worried about your kids deleting the app? With the network-based solution, there is no app installation.

* This app is an add-on value service for M1 customers

In-built Parental Control Feature in Apple Devices

- With Content & Privacy Restrictions in Screen Time, you can block or limit specific apps and features on your child's device
- Able to restrict settings on iPhone, iPad, iPod Touch or explicit content, purchases and downloads, and privacy
- Prevent your child from being able to install or delete apps, make in-app purchases, and more
- Compatible with iOS 13.4 and later

In-built Parental Control Feature in Android Devices

- On the device you want parental controls on, open the Play Store app
- In the top left corner, tap Menu Settings. "Parental controls"
- Turn on Parental controls
- Create a PIN
- Tap the type of content you want to filter
- Choose how to filter or restrict access

Additional References

You can find out more about other apps by searching online, and looking at sites like www.go.gov.sg/guide-to-parentalcontrols or www.go.gov.sg/parentalcontrol-monitoring-products to see other comparisons and ratings of parental control apps. Before you decide on one, be sure to use the free trial, and test it out and make sure that you are comfortable and content with the features available to you.

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Make sure to talk to your child about the use of this app before downloading it on your devices – this starts an important conversation about what is okay and not okay for them to see or do online.

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Thank You!

Access the links below to find out more: <u>https://go.gov.sg/parental-control-apps</u> <u>https://go.gov.sg/apple-parental-control</u> <u>https://go.gov.sg/android-parental-control</u>

A Cyber Wellness (CW) Resource for Parents

Produced by CW Team of Meridian Primary School (March 2021)